



TWF Officials & Wrestlers Clinic

Cumberland University Wrestling Room
One Cumberland Square
Lebanon, TN 37087

Schedule

- 9:00 A.M. – 12:00 A.M. – General Scoring Overview
 - Greco-Roman and Freestyle
- 12:00 P.M. – 1:00 P.M. – Lunch*
 - TWF Board Meeting during this time for members in attendance
- 1:00 P.M. – 1:30 P.M. – Pairing Overview
- 1:30 P.M. – 2:30 P.M. – Live wrestling (for wrestlers attending)
 - Chance for wrestlers to get some mat time and referee's to work on skills

This is an excellent opportunity to get a feel for what freestyle and Greco-roman wrestling are all about. The TN community is in need of more referees and this is a great way to stay involved with the sport.

The clinic will be run by one of USAW's main training officials, Jan Hessers, who is coming down from Indiana to spend some time going over techniques from the officiating standpoint.

If you plan to attend please let Larrick Johnson and / or Garrett House know so we can get an accurate headcount coming in.

Thanks,
Garrett House garrett.house@gmail.com
Larrick Johnson ljohnsn8@memphis.edu

*Lunch will not be provided, please plan to bring your own.